

capita harvest on the Plaza

E-I-E-I-O

Capital Harvest on the Plaza Returns May 7 to Federal Triangle's Ronald Reagan Building and International Trade Center

(E-I-E-I-O: Eco-Friendly-Informative-Entertaining-Interactive-Original)

Capital Harvest on the Plaza (CHoP) kicks off its eco-friendly 2010 season on Friday, May 7. Enthusiasts from across the DC Metro area will flock to Woodrow Wilson Plaza for live music, cooking demonstrations, and, of course, plenty of farm-fresh edibles and novelties.

CHoP is a unique opportunity for local farmers and artisans to showcase their wares and share their knowledge with the denizens of downtown DC. Other attractions include an information booth stocked with recipes as well as tips on healthy living and composting. For foodies on the go, CHoP will also feature a booth selling fresh and healthy prepared foods.

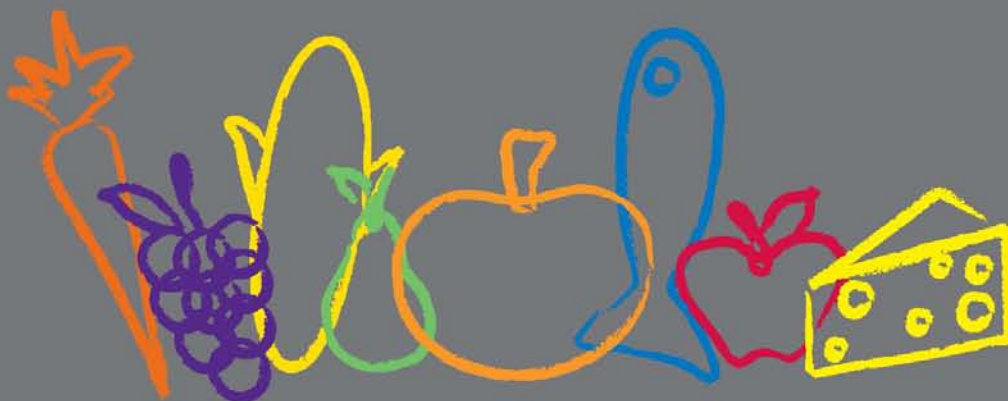
Also returning this season is a CHoP fan favorite: live cooking demonstrations. Each week a local celebrity chef will create inspired dishes incorporating produce available at the Market and, best of all, market-goers will be able to sample these creations and take home the recipes. This year's lineup includes Chef Todd Gray of Equinox Restaurant, Chef Peter Smith of PS7's and Chef Xavier Deshayes of the Ronald Reagan Building and International Trade Center.

"Capital Harvest is not a typical farmers market," said John P. Drew, president and CEO of Trade Center Management Associates (TCMA). "I think we captured its uniqueness in our new slogan *E-I-E-I-O*, which stands for eco-friendly, informative, entertaining, interactive and original."

CHoP is a free, public event sponsored by the U.S. General Services Administration and TCMA. It joins Live! on Woodrow Wilson Plaza in infusing Federal Triangle with unique, engaging entertainment.

**For more information about CHoP, please call Caitlin Shaffer at 240-446-3070
email caitlin@ksmmarketing.com or visit www.capitalharvestdc.com.**

(a comprehensive list of participating vendors is listed on page 2)



1300 Pennsylvania Avenue, NW Washington, DC 20004

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Featured Purveyors

Santa Lucia Estate Coffee

Ayrshire Farm

MeatCrafters

Floradise Orchids

Take Home by Anna Saint John

Original Kettle Korn of Maryland

Hawks Hill Creamery

Hickory Chance Beef

All Things Olive

Savory Soups

Gun Powder Bison and Trading Co.

Edible Favors

Firefly Farms

Lois's Produce

The Breadery

Panorama Bakery

Lingenfelter Seafood

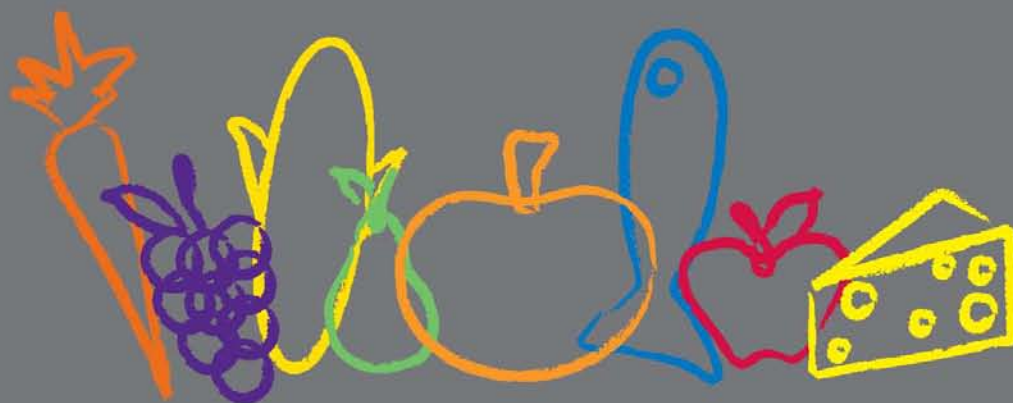
Mystic Water Soap

Nuts...to You!

Lehigh View Farm

Tuckey's Mountain Grown

The Zahradka Farm



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